N E W S L E T T E R



As the Amazon burns, world leaders move urgently to ... **uninspire** us

By; JASON GODFREY TheStar2,September 9, 2019

When the G7 countries met recently in Paris, they discussed the big issue on everyone's minds: the ongoing burning of the Amazon rainforest in a series of devasting fires.

Naturally, you'd hope some inspiring climate leadership would emerge when Britain, Canada, France, Germany, Italy, Japan and the United States meet. But nothing did. In fact, the G7 summit generated three deeply uninspiring moments of climate leadership. We'll get to that, but first, why is the Amazon so important?

People call it the lungs of the planet though it is really only responsible for about 6% of the oxygen; its real value comes from its biodiversity and the role it plays as a carbon sink.

The Amazon is home to around 10% of known species. According to the World Wildlife Foundation, the Amazon has "40,000 plant species, 427 mammals, 1,300 birds, 378 reptiles, more than 400 amphibians and around 3,000 freshwater fishes and between 96,660 and more than 100,000 invertebrate species".

Now, if saving flora and fauna isn't a priority for you but saving yourself is, please note that many important medicines are made from plants and insects and animals. Mainly, all the stuff living in the Amazon that can't be found anywhere else. Maybe there's a cure for cancer hiding out there in an Amazonian species we haven't yet discovered - but if we burn down the Amazon we'll never know. So maintaining a vast biodiversity on the planet helps us survive. But the Amazon's even bigger contribution is the role it plays as a carbon sink. As we all know by now (we should!), excess carbon in the atmosphere exacerbates the planet-warming greenhouse effect, which worsens the already apparent effects of climate change. Trees are a carbon sink because they use it to grow. The Amazon, to put it simply, is the largest collection of trees on the planet and thus is helping mitigate climate change. But when we burn it, the carbon all those trees are holding is released to add to the greenhouse effect. Which bones us.

So with fires raging across the all-important Amazon rainforest – some 80,000 fires, more than an 80% jump from last year – you can bet the G7 leaders were keen to get something done when they met in Paris.

So keen in fact, that the President of the United States, the most powerful and influential country on the planet that could be an example in leading the charge to stop climate change, decided not to show up. Donald Trump, showing his childlike desire to be nowhere near a topic he doesn't care about – namely the welfare of anyone other than himself – skipped the G7 meeting on climate change and biodiversity. He was the only leader to do so.



Brazilian President Jair Bolsonaro refused aid offered to help deal with the Amazon fires, not because it was an insultingly paltry sum but because his feelings were hurt by French President Emmanuel Macron. So much for inspiring leadership in the face of environmental disaster.





The last surviving wild female Sumatran rhino in Malaysia, Iman, sleeping as she struggles to recover from uterine bleeding in December 2018 at the Tabin Wildlife Reserve in Lahad Datu. Photo: The Star

More than 1,300 conservationists from 87 countries descended on Kuala Lumpur to attend one of the world's biggest conferences on conservation biology.

Themed "Conservation Beyond Boundaries: Connecting Biodiversity With Communities, Governments And Stakeholders", the Inter-national Congress for Conservation Biology (ICCB) was held for the first time in Malaysia.

The five-day event at the Kuala Lumpur Convention Centre in July saw scientists, stakeholders, students, conservation agency personnel - and even religious leaders - coming together to talk about everything and anything to do with conservation.

The biennial conference is organised by the Society for Conservation Biology; the last time it was held in Asia was in Beijing in 2009.

The 29th edition came at a time when there is no greater urgency in trying to stem the biodiversity loss that comes from climate change, unsustainable consumption and development, and the illegal wildlife trade around the world.

The gathering was also significant for being held a year before the Conference of the Parties on the Convention on Biological Diversity in Kunming, China, where conservationists are hoping to reach a "New Deal" for nature.



1. Dismiss the smartphone

So, make sure to put your phone away after work. It may be better still if you leave it in a completely different room, a study suggests

2. Don't let job worries hijack private time

Keep work-related stress away from the dinner table, and do not let it monopolize conversations and "family time." 3. Consider having a 'work uniform'

Thus, picking a particular set of clothes to serve as your "work uniform" might boost your confidence and allow you to perform better while in a work environment.

4. 'Bookend' your commute with a good read

Reading might help to dissipate potential anticipatory stress before work and ease the way into a more relaxed headspace after.

5. Delegate chores to indulge in 'you time'

New research suggests that delegating, or "outsourcing," responsibilities such as house chores can greatly improve life satisfaction.

Source: medicalnewstoday.com

Employee Profile



Everyone, Meet Nurul

Project Support Coordinator

Its been 3 years with NRS Family after left Civil Consultancy Company. Passion towards Perfume and fragrance and it is perhaps not surprising that her nose itself gets a lot of attention from smell of rain and sea. Smell of the nature still the best, right !

Wait up guys, better think twice before have an idea to mess up with her coz I guess God made her by piece of meat mixed with a little hurricane. Do I scare you? hahaha...

Say hi to this Wonderful Mama with 2 daughters. Hi Nurul!

For in the true nature of things, if we rightly consider, every green tree is far more glorious than if it were made of gold and silver.

